

This is a summary of the full code of practice, which is published at [www.myotherapy.org.au](http://www.myotherapy.org.au). The full code defines key terms below such as 'informed consent', 'myotherapy', 'patient', 'practise' and 'scope of practice'. The code's purpose is to ensure that members practise myotherapy safely, responsibly and ethically, and thus maintain the good reputation of the profession and the Association.

The Association expects its members to comply with the code as a condition of membership. It also expects that, where a member employs others in their practice, they will ensure those others also comply with the code.

Where a patient, their carer or guardian believes a member of the Association has breached the requirements of the code of practice, the Association encourages them to make a complaint, either to the myotherapist concerned, or directly to the Association and/or to the health complaints authority for the relevant state or territory.

## Complaints about unregistered professions

The National Code of Conduct for health care workers sets minimum standards of conduct and practice for all unregistered health care workers who provide a health service. Under this code, you can complain about incompetent or impaired health care workers, or those behaving in exploitative, predatory or illegal ways.

Summary of the code of practice.

1. A myotherapist will only assess, treat and manage a patient's health in ways, and for aspects of health, that are within their scope of practice.
2. A myotherapist will advertise their services honestly and not advertise or claim skills or qualifications that they do not in fact possess.
3. A myotherapist will at all times respect a patient's rights and dignity.
4. A myotherapist will avoid entering into a personal, sexual or business relationship with their patients.
5. A myotherapist will assess each patient to develop their plan of treatment and health management. Assessment will involve gathering a history of the patient's condition and considering the patient's views of it.
6. A myotherapist will gain the patient's informed consent to treatment before administering it. Where the patient is aged from 14 to 18, and is legally a minor in the relevant state or territory, the myotherapist will obtain the informed consent of both the patient and their parent or guardian. The myotherapist will not assess or treat a minor without another person present.
7. A myotherapist's treatment will be based on their assessment of the patient's health needs.
8. A myotherapist will keep detailed, secure, confidential records of their assessment and treatment of a patient's health condition. They will provide a patient with access to or a copy of their records of the patient's assessment and treatment, if the patient requests this.
9. A myotherapist will only share a patient's personal details or health information with another person where the patient authorises this, or to prevent immediate risk to the patient's safety, or where the disclosure is required by law.
10. A myotherapist will practise in such a way as to minimise risks to patients' safety and minimise the risks of infection or disease transmission.
11. A myotherapist will maintain their professional premises so that they are safe, in good repair, comfortably warm, well lit and ventilated, and project an image of professionalism.
12. A myotherapist will collaborate with other health professionals to ensure optimal care for patients.
13. A myotherapist will avoid behaviour that would bring the profession into disrepute.
14. A myotherapist will monitor their own health and levels of fatigue, and ensure that they do not practise unless they can do so effectively and safely.
15. Where a myotherapist conducts research with human subjects, they will do so responsibly, safely and ethically.